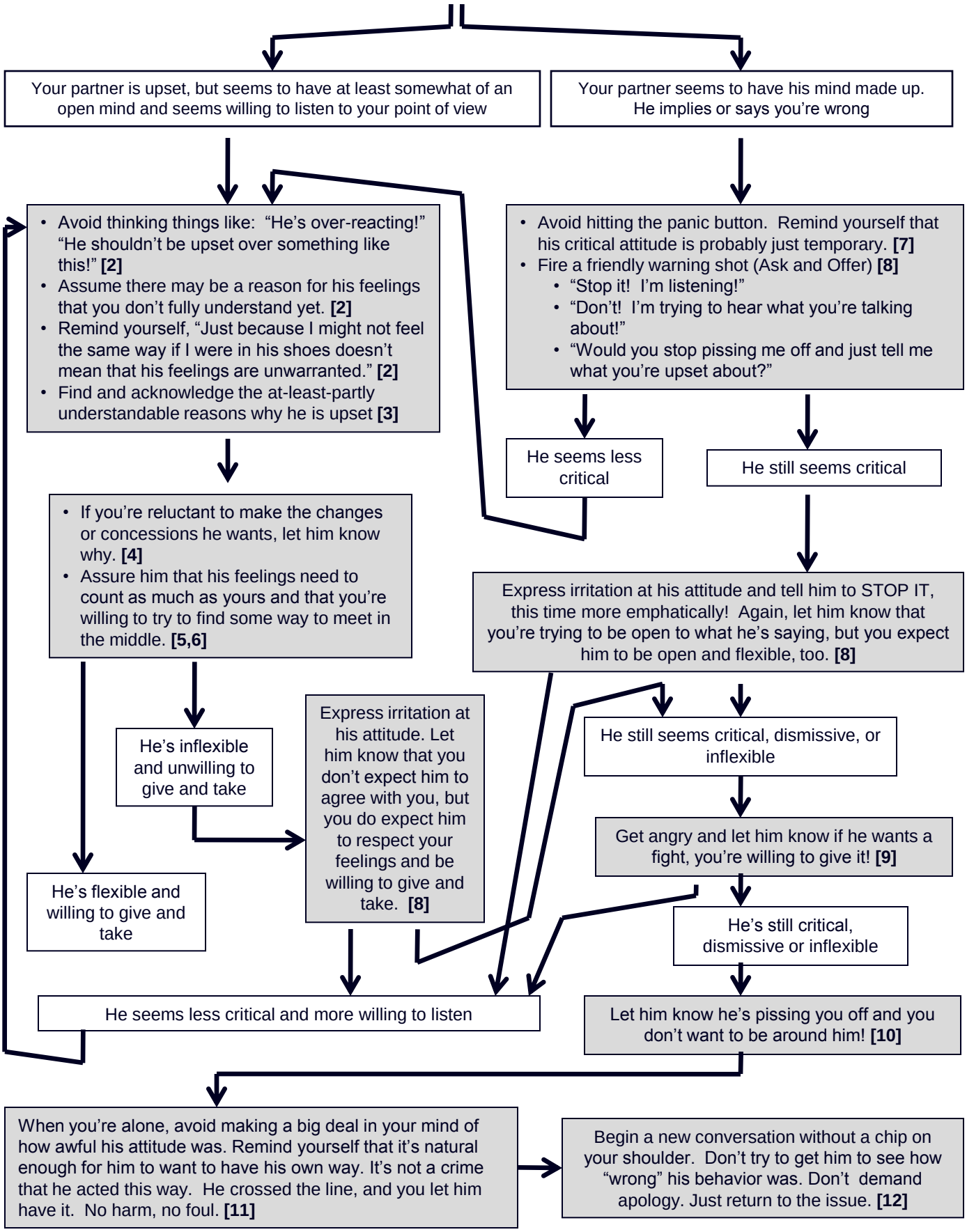
Chart 2: When Your Partner Gets Upset or Expresses Dissatisfaction First



This chart is explained in the article, *Reacting Effectively When Upsets Happen* (www.thecouplesclinic.com/resources) Copyright : Brent Atkinson